

# METAVIEW CONSULTING & COACHING

*Achieve Results*

*Enjoy the Journey*



**Lina Foster,**  
**Senior Associate**

*“Lina was my leadership coach at Fidelity Investments. At the time I was assimilating to a new role and looking for ways to build a strong team and build on my leadership skills. Through her coaching skills, Lina has a great way to help you get really focused on the important work. Lina helped me think through some very interesting challenges, and without her as a coach, I would not have reached the solutions I did. I have had other coaches since Lina, but none that have challenged me as much and helped get to the real core of the issues.”*

*Don Khouri*  
*Vice President,*  
*Fidelity Investments*

Lina Foster is an Executive Coach, Team Coach, and Organizational Consultant with over 25 years of corporate experience. As an Executive Coach, Lina uses 360 degree feedback and other assessments to provide personal insight, establish goals and enhance individual performance. She has expertise in leadership, management and career development and is known for her warm, direct communication style. In addition to coaching individuals, Lina also coaches partnerships and teams. She is specifically trained to coach relationship systems, whether that is two people whose work is interdependent or a team of people working to get results. Lina uses a combination of formal assessment, experiential activities, and facilitated discussion to increase the positivity and productivity of teams. Drawing on her experience as team leader of complex, cross-functional corporate projects, she is business minded and results driven.

Lina spent sixteen years in a variety of leadership and internal consulting roles with Fidelity Investments. As Vice President of Management Effectiveness, Lina worked with senior executives and their teams to improve team results and served as a coach to Fidelity leaders. Her leadership development experience includes designing and implementing development programs, facilitating strategic planning sessions, competency modeling and succession planning. A talented project manager, Lina also led a multi-year strategic transformation of Fidelity’s HR function. Lina has a Bachelor’s degree from University of Colorado, and holds a graduate level certification in Executive Coaching from The Massachusetts School of Professional Psychology. She has been trained in team and organization systems coaching by Team Coaching International and The Center for Right Relationship. Lina is a member of the International Coach Federation and the Human Resources Leadership Forum.



Lina Foster  
7 Mystic Street, Suite 200  
Arlington, MA 02474

781.729.6406  
lfoster@metaviewcc.com  
www.metaviewcc.com